## **Beginning your NDIS Journey**

If you're just starting your NDIS journey, there will be a few things you need to consider. Fortunately you don't have to do this alone. Elite Respite Care staff are on hand to help make your NDIS journey as simple as

possible. You can meet with us at one of our centre, at a location convenient to you, or even at your own home. Elite Respite Care is here to support you to:

- Understand the NDIS and how it works
- Find out if you're eligible
- Identify goals and aspirations that the NDIS may fund
- Guide you through the application process
- Gather the documents you'll need to complete your application

Our goal is be there every step of the way and help make your NDIS plan a reality.

## **Choosing Elite Respite Care as a service provider**

Once your NDIS application is approved, you can choose Elite Respite Care as a service provider (meaning the services we provide for you will be covered by NDIS funding). When you choose Elite Respite Care, our staff will be there to support you to develop a plan that's tailored to help you achieve your goals – whether that means finding a job, moving out of home, gaining education or simply living a more independent life.

Elite Respite Care offers a range of disability services under the NDIS. We can assist with:

- Assistance with daily personal activities
- Assistance with daily life tasks in a group or shared living arrangement
- Participation in community, social and civic activities
- Assistance to access and maintain employment
- Development of daily living and life skills.
- Community Nursing Care for high needs
- Training for independence in travel and transport
- Accommodation/Tenancy assistance
- Specialised assessment of skills ,abilities and needs
- Household tasks.

## **Managing your NDIS Plan and Funds**

If you're eligible for the NDIS, you might need assistance managing your plans and funding.

- Claiming from the NDIA (National Disability Insurance Agency)
- Negotiating and coordinating when and how you'll receive support
- Choosing the service providers that are right for you
- Paying service providers
- Processing expense claims
- Developing monthly statements